



# Rural Nephrology Training

*Rural renal training offers experience far beyond the scope of large academic centres.*

## Experience

Experience is the key to competent and confident management of the broad range of problems faced in renal medicine. If you are keen on more independence and are planning your first, second or third year of nephrology training then a year or two in a rural setting should strongly be considered

## Skills

Special interests can be fulfilled, from learning the ins and outs of nocturnal haemodialysis to impressive interventional skills such as PD catheter insertion, percutaneous HD access, fistuloplasty and CT guided renal biopsy.

## Career

"I believe the experience I have gained in general, indigenous and interventional nephrology in Cairns in my second year of training is akin to a fellowship overseas, and as such adds significantly to my resume. It has opened far more doors than I expected possible. Every consultant I have spoken to who has had rural experience has wholeheartedly and enthusiastically encouraged a rural stint. I have discovered rural sites are a relatively untapped valuable resource for nephrology training and career progression." (Richard Baer, Cairns Base Hospital, 2008)

## Travel

Travel and enjoy our country, not only on holidays and weekends, but also doing outreach clinics and home visits to remote, otherwise unattainable destinations.

## Lifestyle

Lifestyle goals may also lead you to a seachange. If independent, or mobile with a young family then a move to attractive locations is possible. Improvement in working hours is far more achievable at flexible, rural sites. Many sites are accredited for training. These include:

Cairn	12 months	<a href="mailto:murty_mantha@health.qld.gov.au">murty_mantha@health.qld.gov.au</a>
Tamworth	12 months	<a href="mailto:sjcmmay@bigpond.com">sjcmmay@bigpond.com</a>
Nambour:	12 months	<a href="mailto:Nicholas_Gray@health.qld.gov.au">Nicholas_Gray@health.qld.gov.au</a>
Bendigo	12 months	<a href="mailto:chrisholmes@iinet.net.au">chrisholmes@iinet.net.au</a>
Dubbo	3 months	<a href="mailto:colin.mcclintock@gwahs.health.nsw.gov.au">colin.mcclintock@gwahs.health.nsw.gov.au</a>
Darwin	12 months	<a href="mailto:pauld.lawton@nt.gov.au">pauld.lawton@nt.gov.au</a>